



**United Nations International Children's Fund**

**Topic:** Childhood Obesity

**Co-Sponsors:** Commonwealth of Australia, Republic of Bangladesh, People's Republic of China, Canada, Arab Republic of Egypt, Federal Republic of Germany, Republic of Italy, Republic of Indonesia, State of Israel, Republic of Kenya, Democratic People's Republic of

Korea, Federal Republic of Nigeria, Islamic Republic of Pakistan, Republic of Poland, Russian Federation, Kingdom of Saudi Arabia, Republic of South Africa, Republic of Sudan, Syrian Arab Republic, and United States of America.

Deeply concerned that globally, an estimated 43% of children suffer from childhood obesity,

Keeping in mind that the United Nations has done much work to solve childhood obesity,

Deeply concerned of the impeding future of the world concerning the children,

Keeping in mind, stress and depression can lead to the likelihood of obesity or malnutrition for young children,

Fully believing that childhood obesity can be stopped with the right ideas and support,

1. Requests a limit of ads for unhealthy foods that are put on TV programs,
2. Recommends companies provide schools with food that should only be provide with healthy foods;

## **Resolution UNICEF/ Section 1/ 2.2**

3. Reduce health intake, increase more physical activity time at schools, and less “screen time”;
4. Produce from local gardens and homes to be sold locally to low and middle income families so all families have access to the right type of nutrition;
5. Increase price of non-healthy food like fast food and junk food and decrease price of healthy food like fruits and vegetables;
6. Calls on parents to encourage children to exercise for at least an hour a day with family and friends to make the idea of exercise and fitness more appealing;
7. Creating and supporting Eat Healthy Day (worldwide), to support healthy food groups, and lifestyle, to encourage exercise, to support groups dealing with childhood obesity;
8. Further invites new ways to reduce amount of grease, butter, oil, these will cut down extra calories, sugar, syrup, and fat.
9. Describing nutritional facts in fast food restaurants to educate consumers the pro and cons of eating unhealthy;
10. Creating programs, to educate adults and children, to inspire to have a healthier lifestyle, to exercise on a schedule;
11. Suggests building walking routes, biking routes, parks and other equipment for entertaining children;
12. Authorizes health teachers at schools to guide children into healthier eating;