

## **Cyberbullying Resources:**

Online bullying, harassment and revenge is a global pandemic. As a global community we must reduce cyber violence which affects the mental health and well-being of children, adults, and families.

This year, MMUN is partnering with Peace One Day's campaign focused on the reduction of Cyber Violence!

The following links contain a range of resources and materials that can assist the student, parent, teacher, or individual who may be involved in cyberbullying.



### **Report Instances:**

[Report Cyberbullying](#): if you are under 18 the esafety commissioner can help you make a complaint, find someone to talk to and provide advice and strategies for dealing with these issues.

### **Resources for Parents and Students:**

[Parents and Carers](#): tips and advice on helping your student have a safe and enjoyable experiences online:

[Wellbeing Directory](#): links to the appropriate wellbeing support services and in particular Kids Helpline and Parent Line.

The [Rewrite Your Story](#) resources contain award-winning short videos and resources that help students and parents with cyberbullying and in particular resilience strategies.

### **Resources for Teachers:**

[Education Resources](#): pages that contain information and links for teachers to use.



eSafety Commissioner

